

INTEGRATION

Take 2!

Refocusing Your Life



Take 2! is a program designed to help you gain insights about yourself and discover opportunities for continued productive growth. Your hard earned skills, talents, and experience as adults can be put to expressed in new and different ways that you learn through participation in this program. Classes are designed to help you explore your talents, gifts, values, and passions. A variety of resources are used to guide, motivate and prioritize your goals and dreams. Supportive and interactive discussions, lead to understanding how your unique personality traits can be used to create meaning and purpose while establishing a positive impact and legacy for future generations.

Dynamic People

grow



Mission Statement

To help individuals better understand their gifts and discover ways to apply them in new and different ways.

What do I need to know about Take 2!?

There are seven weekly sessions, which have reflective activities, engaging group discussions, and ask “tough” questions regarding your life. A \$30 donation is requested to cover the materials. Class size is targeted at 8 to 12 participants of which couples are welcome to take the class independently or together.

Take 2! participants have expressed these comments:

- “This has taken the fear out of change and framed it as a time of growth and possibility.”
- “I decided to venture into teaching college students; something I have always thought of doing but never acted on until now.”
- “I found the right volunteer opportunity through reassessing my own abilities and passions.”
- “My relationship with family, friends and even my employer has never been stronger because I have a better understanding personality types and how this impacts all of us.”

What happens after the last class?

There are alumni gatherings, continued fellowship, shared meaningful pursuits, ongoing group support and additional learning opportunities.

Contact

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